

Risk Assessment: Purbeck Runners Training Outdoors – COVID-19

Date:	Assessed by:	Location:	Reviewed by:
10/08/20	Guy Hammersley	Outdoors – Parks, Playing Fields, Countryside	Paula Lawton-Archer

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Spreading COVID-19 due to infected member attending training session	Members of the club and people they might come into contact with	<ul style="list-style-type: none"> • Strict rule that members must not attend training if they are feeling unwell or members of their household are unwell • Group Leaders to confirm with every member that they have complied with the above 	L	<ul style="list-style-type: none"> • Member may be infectious but have no symptoms, so it is essential to implement all the other measures identified below • Track and trace procedures implemented to comply with COVID Secure Environment. Members advised that if attending their contact details can be shared 	L	Individual Members Group Leaders Committee	01/07/20 10/08/20	On going On going
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local	Members of the club and people that they might come into contact with	<ul style="list-style-type: none"> • Members receive emails directly from England Athletics • The club posts relevant information in the members area of the website • The club emails relevant information to members • Information includes a simple list of key requirements and 	L	<ul style="list-style-type: none"> • Repeat messages at frequent intervals • Confirm with members that they have seen and understood requirements before commencing training 	L	COVID-19 Co-ordinator	01/07/20	On going

<p>guidance for limiting the spread/ transmission of the disease</p>		<p>actions for members attending training</p>						
<p>Spreading/ transmission of Covid-19 through contact with disease on a surface</p>	<p>Members of the club Members of the public</p>	<ul style="list-style-type: none"> • Training sessions to be held outdoors in parks and other open spaces with minimal need to touch surfaces to gain access or during training • Members required to wash hands thoroughly immediately before leaving home • Remind members about risk of touching surfaces at start of sessions • Training sessions designed to remove need to touch surfaces • Equipment used for training, such as cones, or agility ladders to only be handled by Group Leaders 	<p>L</p>	<ul style="list-style-type: none"> • If venue may require hand contact with a surface such as parking meter or gate advise members to bring hand sanitiser to training 	<p>L</p>	<p>Group Leaders</p>	<p>01/07/20</p>	<p>On going</p>
<p>Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person</p>	<p>Members of the club Members of the public</p>	<ul style="list-style-type: none"> • Training to be held outdoors • Training to be held in large open spaces to minimise likelihood of contact with the public and facilitate social distancing • Strict social distancing of minimum 2m to be maintained at all times • Design training sessions to facilitate social distancing • Only one training group to meet in any location 	<p>L</p>	<ul style="list-style-type: none"> • Remind members about social distancing during training sessions • Alert members if members of the public are approaching • The maximum number of members attending will be set by Committee in accordance with EA guidance and will be clearly communicated with members. Group Leaders may 	<p>L</p>	<p>Group Leaders Committee Group Leaders</p>	<p>01/07/20 10/08/20</p>	<p>On going On going</p>

				reduce the maximum number depending on the particular running route or training session				
More than the maximum specified number of people turn up for a training session	Members of the club	<ul style="list-style-type: none"> Put in place an online system using club website to enable members to register their interest in attending a training session with confirmation feedback based on first come first served 	L	<ul style="list-style-type: none"> Monitor how system works and implement any improvement quickly 	L	COVID-19 Co-ordinator Run Co-ordinator Group Leaders	01/07/20	On going
Transmission of COVID-19 due to dealing with a First Aid incident	Members of the club	<ul style="list-style-type: none"> Group Leader to carry a first aid kit including PPE consisting of single use face masks and single use plastic gloves, plus hand sanitising gel. Group Leader to carry a mobile phone Where possible injured member to deal with their own injury If further assistance is required then if possible avoid contact until either professional assistance arrives or help from a household member If assistance is required by another club member then both the injured person and the person giving assistance are to wear PPE 	L	<ul style="list-style-type: none"> Design training activities and locations to minimise the risk of accidental injury Confirm with members attending that they are fit and well to train 	L	COVID-19 Co-ordinator Group Leaders	01/07/20	On going