

Risk Assessment: Purbeck Runners Group Running Outdoors – COVID-19 Secure Environment

Date:	Assessed by:	Location:	Reviewed by:
12/03/21	Guy Hammersley	Outdoors – Various settings	Paula Lawton-Archer

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Spreading COVID-19 due to infected member attending training session	Members of the club and people they might come into contact with	<ul style="list-style-type: none"> • Strict rule that members must not attend if they have tested positive for COVID-19, feel unwell or have been in contact with anyone who has been unwell or tested positive for COVID-19. • Group Leaders to confirm with every member that they have complied with the above • In accordance with normal practice Group Leaders should undertake a verbal PARQ and ask members about their state of health and any special medical conditions 	L	<ul style="list-style-type: none"> • Member may be infectious but have no symptoms, so it is essential to implement all the other measures identified below • Test and Trace procedures implemented to comply with COVID Secure Environment. Members advised that if attending their contact details can be shared • Any member testing positive to follow the EA procedure and notify the COVID Co-ordinator 	L	Individual Members	22/07/20	On going
				Group Leaders		10/08/20	On going	
				Members		12/03/21	On going	
	Members of the club and people that they might come into contact with	<ul style="list-style-type: none"> • Members receive emails directly from England Athletics 	L	<ul style="list-style-type: none"> • Repeat messages at frequent intervals 	L	Committee		

<p>Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease</p>		<ul style="list-style-type: none"> • The club posts relevant information in the members area of the website • The club emails relevant information to members • Information includes a simple list of key requirements and actions for members attending training 		<ul style="list-style-type: none"> • Confirm with members that they have seen and understood requirements before commencing runs 		<p>COVID-19 Co-ordinator</p>	<p>22/07/20</p>	<p>On going</p>
<p>Spreading/ transmission of Covid-19 through contact with disease on a surface</p>	<p>Members of the club Members of the public</p>	<ul style="list-style-type: none"> • Group runs to be held at locations and along routes that minimise the need to touch surfaces to gain access or during the course of the run • Members required to wash hands thoroughly immediately before leaving home • Remind members about risk of touching surfaces 	<p>L</p>	<ul style="list-style-type: none"> • If the meeting point requires hand contact with a surface such as a parking meter or gate, or gates and stiles have to be handled during the run, advise members to bring hand sanitiser to training 	<p>L</p>	<p>Group Leaders</p>	<p>22/07/20</p>	<p>On going</p>
<p>Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person</p>	<p>Members of the club Members of the public</p>	<ul style="list-style-type: none"> • Runs will of course be outdoors • Strict social distancing of minimum 2m to be maintained at all times • Runs to be held on routes designed to minimise the likelihood of contact with the public and facilitate social distancing. Specifically, avoid areas known to be busy with members of the public, such as town centres and tourist honeypots. Also avoid narrow 	<p>L</p>	<ul style="list-style-type: none"> • Remind members about social distancing during runs • Alert members if members of the public are approaching • The maximum number of members attending a group will be set by Committee in accordance with Government rules and EA guidance. It will be identified in the current version of the Action Plan and 	<p>L</p>	<p>Group Leaders Committee</p>	<p>22/07/20 10/08/20</p>	<p>On going On going</p>

		<p>footpaths and tracks where it would not be possible to pass members of the public safely while maintaining 2m separation</p> <ul style="list-style-type: none"> • All running groups to meet at separate locations • Groups should use different routes. • The Club Action Plan has been designed to ensure that activity takes place in a COVID Secure Environment as defined by EA. 		<p>will be clearly communicated with members.</p> <ul style="list-style-type: none"> • Group Leaders to determine the actual permitted number (not exceeding the maximum) depending on the risk assessment for the particular running route or training session 		Group Leaders		
More than the maximum specified number of people turn up for a training session	Members of the club	<ul style="list-style-type: none"> • Put in place an online system using club website to enable members to register their interest in attending a running group with confirmation feedback based on first come first served 	L	<ul style="list-style-type: none"> • Monitor how system works and implement any improvement quickly 	L	COVID-19 Co-ordinator Run Co-ordinator Group Leaders	22/07/20	On going
Transmission of COVID-19 due to dealing with a First Aid incident	Members of the club	<ul style="list-style-type: none"> • Group Leader to carry a first aid kit including PPE consisting of single use face masks and single use plastic gloves, plus hand sanitising gel. • Group Leader to carry a mobile phone • Where possible injured member to deal with their own injury • If assistance is required by another club member then both the injured person and the person giving assistance are to wear PPE unless the medical condition dictates that this is not appropriate for the casualty 	L	<ul style="list-style-type: none"> • Design running routes to minimise the risk of accidental injury • Confirm with members attending that they are fit and well to train and identify any specific medical conditions 	L	COVID-19 Co-ordinator Group Leaders	22/07/20	On going

