

Purbeck 10K 2024 Race Information for Competitors



Welcome

- Purbeck Runners' are delighted to host the Purbeck 10k taking place opposite the Purbeck Park (previously known as Norden Car Park), Corfe Castle on Friday 14th June with a 7:30pm start.
- The race is licensed by and is run under UKA rules, Licence number: 2024-47587
- A big thank you to all our supporters, **Holme for Gardens, The Salt Pig, The Purbeck Cider Company, Purbeck Ice Cream, the Swanage Branch of The Royal British Legion and Ken Hewitt Photography.**

Transfers

- Number transfers are available free of charge via Timing Monkey up to midnight on Wednesday 12th June.
- **NO RACE ENTRIES or NUMBER SWAPS on the day. Please do not compromise your safety or the authenticity of the results by attempting unofficial number swaps.**

Directions & Location

Race HQ is located **opposite The Purbeck Park**. Postcode: **BH20 5DW**.

- Located just off the **A351** north of Corfe Castle, the FREE car park has space to park 350+ vehicles. To find the car park, follow the brown signs with the steam train logo. When you turn off the roundabout look out for the Car Park Marshals directing you into and out of the CAR PARKS; please follow the Marshal's instructions and directions. **Please share cars where possible.**
- The car park is open from 5:30pm until 10pm.
- **Please note the car park will open at 5.30pm.** Please do not arrive earlier. Corfe Castle has plenty of parking "if you are making a day of it."
- Beware of pedestrians or runners when arriving and leaving the car park.
- Follow the directions of Marshals when leaving the car park.
- Arrive in plenty of time – allow time to park and walk to registration.
- Please do NOT park on the roads around the Park & Ride. There are parking restrictions on the roads including the verges.
- There are cycle racks located next to The Purbeck Park main toilet block.

Toilets & Changing

- There are plenty of toilets located at the Purbeck Park main toilet block and near registration within the Race Village. Please arrive ready to race; there are no changing facilities available.

Registration & Baggage

- Registration is located within the race village, which is a short walk from the car park. Registration will be open from **6.00pm until 7:15pm**.
- A limited supply of safety pins will be available on race day and we advise you to bring your own to make sure you don't experience any problems in being able to attach your number.
- Please complete the medical details on the reverse of your running number before pinning the number to the front of your running vest/top. Do not fold, cut or mutilate your running number. Your race bib will include an integrated race-timing chip.
- The Bag Drop Off is in the Race village for the use of runners only. You will need to present your race number to retrieve your bag. Bags are left at the owner's risk, please don't leave any valuables in the bags.

Race Village

- We do hope you stay and enjoy our village, cheer on your fellow runners, enjoy a well-deserved post-race meal and drink, or a delicious ice cream, and of course our prize presentation.
- We are delighted to welcome local companies Purbeck Ice Cream as well as The Salt Pig who will be offering hot food, including vegetarian and vegan dishes, and a selection of alcoholic and soft drinks.
- The Race Village is a **NO SMOKING** area. **Please do NOT leave unaccompanied children in the village.**

The Race

- The course is accurately measured; a map of the course and SEAA Course Measurement Certificate Number: **20/084** are available in the race village at our Information Board (which will be located at our Baggage Tent).
- **There will be a safety briefing at the start line.**
- Please hydrate well before the race. There are two water stations located at approximately 3.5km and 6.5 km; please make use of them, particularly if it is unusually hot.
- As this is an out and back course please keep to the left as much as possible, particularly at the narrow cattle grids on the route.
- The course surfaces are in good condition but there are some potholes and uneven surfaces along the way. **Please do not increase your chances of injury by running on the verges.**
- Please be aware that there are 3 cattle grids along the course. You will be instructed to run through the gate opening and NOT over the cattle grids. **On at least one of these gate openings there will be runners approaching from BOTH directions. It is important that you listen to the marshals and keep well over to the left at these points to avoid a collision!**
- Please try not to discard empty gel packs, water bottles and the like on the route; please leave them by Kilometre Markers/Route Markers or keep them until you get to the water stations and leave them there. **This is a rich bio-diverse area. It is also used for grazing by cattle, horses, deer, donkeys and pigs! To ensure the race is put on in future years please do not litter.**
- **Speaking of grazing animals, please be aware of that they may cross the route. Marshals are stationed along the route to ensure that the road is kept clear, but you will be running through an open rural area.**

- The route is well marshalled; look out for them and follow their instructions.
- **Please note this is a headphone/ear-phone free race. Use of any headphones/earphones will result in disqualification.**
- **No vehicles, motorised scooters, bikes or non-registered runners are allowed to accompany competitors. The route is narrow, and we must allow for access in the case of an emergency. Failure to adhere to this rule may result in disqualification.**
- Should you decide to drop out of the race please inform a Marshal before you leave the area. This will avoid the race being spoilt by an unnecessary search for a competitor who has simply left the area.
- There is a goody bag for all finishers.
- **Exit from the village will be clearly signposted. Please do NOT try to exit the village by going back through the finish area! We need to ensure a clear run-in for all our runners.**

Results

- The race is chip timed. Provisional race results should be available on Friday (race day evening) via Timing Monkey. You will have until Tuesday 18th June to query the provisional race results via Purbeck Runners website or the Purbeck 10K Facebook page. Thereafter the final results will be published on Purbeck Runners' website and submitted to Run Britain.

Prizes

- Overall prizes are awarded to the first three males and first three females.
- We've added some extra age category prizes this year! A first prize will be awarded in the following age categories; Male MU21, MV40, MV45, MV50, MV55, MV60, MV65, MV70 and MV75+ and Female FU21, FV35, FV40, FV45, FV50, FV55, FV60, FV65 and FV70+
- Team prizes are awarded to the first male team (3 to count) and first female team (3 to count).
- Please Note: 1 prize per runner (excluding team prizes), priority given to overall prizes.
- The prize presentation will take place in the Race Village as soon as the last runner is home and we have verified the award winners. We estimate it to be around 8.45pm.

Photography

- Photographs will be available via Ken Hewitt Photography.

For updates pre- and post-race check out our Facebook page @purbeck10k. We very much appreciate your feedback and that can be done via Facebook or contacting us directly via our website.